

WSO's Data Base Entry on 5/28/2026 – Original Scan 6/22/2021 – Changes in BLUE – Total = 35 NFG

Modified 5-28-2026

Active Email Confirmed - 10 Virtual Only

Total Groups = 45

Real People Too Changes 12/23/2022 Scan

Location Name Sayville Congregational United Church of Christ
Address 131 Middle Rd.
Sayville, NY 11781
Group ID 111-002
Group Type Nar-Anon, Nar-Anon Virtual
Day/Time Thursday
Time 7:15-8:450pm
Notes The meeting is behind the Church in the Fellowship Hall.
We meet both in-person and virtual. Please contact realpeopletoonaranon@gmail.com for the virtual meeting link.
Newcomers Welcome meeting every Thursday at 7:00 pm | Step Meeting on the 3rd Thursday of each month.
Status **Active - Email received 6/17/22**

Hope Begins Changes 1/24/2026 Scan

Location Name St John's Grace Episcopal Church
Address 51 Colonial Circle
Buffalo, NY 14222
Group ID 111-004
Group Type Nar-Anon, Nar-Anon Virtual
Day/Time Wednesday
Time 7:00pm
Notes We meet both in person and virtually
In-person: Enter through the brown courtyard door off Lafayette -
Dining Room 2nd floor
For the virtual meeting link, please either contact hopebegins36@gmail.com or go to the NY region website at <https://www.nynaranon.org>
Status Active

Never Alone Changes 5/31/2025 Scan

Location Name Capital Church
Address 1222 Troy-Schenectady Rd
Schenectady, New York 12309
Group ID 111-008
Group Type Nar-Anon
Day/Time Tuesday
Time 7:00pm
Notes -
Status Active

Peace of Mind Changes 4/1/2023 Scan

Location Name Lord of Life Lutheran Church
Address 1025 Borden Road
Depew, NY 14043
Group ID 111-011
Group Type Nar-Anon
Day/Time 1st Monday of each month
Time 6:30pm
Notes We only meet 1st Monday of each month. Use Church Main Entrance.
Status Active

Clarity Way Changes 2/25/2026 Scan

Location Name St. Mary's School
Address 6919 Transit Road
East Amherst, New York 14051
Group ID 111-012
Group Type Nar-Anon
Day/Time Every other Monday
Time 6:30pm
Notice Please contact Sharon for meeting information at 716-628-7878.
Notes Meeting days until July 2026: 2/9, 2/24, 3/9, 3/23, 4/7, 4/20, 5/4, 5/19, 6/1, 6/15, 6/29 - Most are Monday nights,
3 are on Tuesday nights.
Park behind school and enter through double glass doors, turn left, last room on left P108
Status Active

Forest Hills Freedom Group Changes 7/27/2024 Scan

Location Name Church in the Garden
Address 50 Ascan Avenue
Meeting in the narthex
Forest Hills, New York 11375
Group ID 111-015
Group Type Nar-Anon
Day/Time Wednesday
Time 7:30pm
Notes Please contact FreedomGroupFH@gmail.com If you need more information.
1st Wednesday of the month - Steps+Traditions
2nd, and 4th -New Comers
3rd and 5th - Topic
Status **Active - Email received 7/24/24**

New Hope

Location Name First Presbyterian Church
Address 497 Pulaski Road
Greenlawn, New York 11740
Group ID 111-016
Group Type Nar-Anon
Day/Time Monday
Time 7:30pm
Notes 1st and 3rd Monday - Beginners + Topic | 2nd Monday - Topic | 4th Monday Step
Status **Active - Email received 3/20/22**

Hopeful in Hicksville Removed on 5/28/2023 Scan

Location Name Thrive Community Center
Address 1025 Old Country Road
Suite 400
Westbury, New York 11590
Group ID 111-019
Group Type Nar-Anon
Day/Time Thursday
Time 7:00pm
Notes Entrance Bond St. and Old Country Rd
Status **Active - Email received 11/30/22**

Safe Harbor Changes 5/16/2023 Scan

Address Jamaica Estates, NY 11432
Group ID 111-020 (V)
Group Type Nar-Anon Virtual
Day/Time Monday
Time 7:30pm
Notes Please contact SafeHarbor.naranon@yahoo.com for virtual meeting info.
Status **Active - Email received 6/21/22**

Magic Chairs in Manhasset Email from Mary 5/14/2023 Group Unfortunately Disbanded

Location Name Unitarian Universalist Church
Address 48 Shelter Rock Road
Manhasset, NY 11030
Group ID 111-022
Group Type Nar-Anon Virtual
Day/Time Tuesday
Time 7:30pm
Notes We only meet virtually on the First Tuesday of the month. Please contact magicchairs48@gmail.com for the virtual
Status Active

Step Into Serenity Changes 3/07/2024 Scan

Location Name Haypath Road Community Center
Address 240 Haypath Road
Old Bethpage, New York 11804
Group ID 111-027
Group Type Nar-Anon, Nar-Anon Virtual
Day/Time Monday
Time 7:30pm
Notes We meet both in person and also virtual. Please contact kmn556@gmail.com for the virtual meeting link.
Steps & Traditions | All are welcome.
Status **Active HYBRID - Email received 12/9/23**

If Nothing Changes Changes 5/03/2025 Scan

Location Name Spencerport Wesleyan Church
Address 2653 Nichols St.
Spencerport, New York 14559
Group ID 111-030
Group Type Nar-Anon
Day/Time Tuesday
Time 6:30pm
Notes Please contact stephtopoliuk@yahoo.com or pam.naranon@gmail.com if you need more information.
Status Active

You're Not Alone Changes 11/09/2025 Scan

Location Name Irondequoit United Methodist Church of Christ
Address 644 Titus Ave
Rochester, NY 14617
Group ID 111-033
Group Type Nar-Anon, Nar-Anon Virtual
Day/Time Thursday
Time 7:00pm
Notes Enter door A - Towards the front of the building.
We meet both in person and virtually. Please contact JOHN @ jhamilton46@hotmail.com for virtual meeting info.
Status **Active – Email received 6-18-2022**

Keep Coming Back Changes 10/29/2025 Scan

Location Name Greece Baptist Church
Address 1230 Long Pond Rd
 Rochester, NY 14626
Group ID 111-034
Group Type Nar-Anon
Day/Time Saturday
Time 8:30 AM
Notes Use the back of church entrance #6
Status Active

Suffolk Connection Changes 8/05/2022 Scan

Location Name First Presbyterian Church
Address 175 East Main Street
 Smithtown, NY 11787
Group ID 111-036
Group Type Nar-Anon, Nar-Anon Virtual
Day/Time Tuesday
Time 7:30pm
Notes We meet both in person ans also virtual. Please contact naranonsuffolkconnection@gmail.com for the virtual meeting link.
 Meets on 2nd floor |
 Newcomers are welcome at all meetings.
Status **Active – Email received 6-16-2022**

Travel to Peace Changes 7/18/2023 Scan

Address Staten Island, New York 10306
Group ID 111-037 (V)
Group Type Nar-Anon Virtual
Day/Time Tuesday
Time 8:00pm
Notes Please contact guymagg@yahoo.com for the virtual meeting link.
Status **Active – Email received 7-15-2023**

Courage to Change Changes 7/18/2023 Scan

Address Staten Island, New York 10309
Group ID 111-038 (V)
Group Type Nar-Anon Virtual
Day/Time Thursday
Time 12:00 PM
Notes please contact gladysdeltio@yahoo.com for the virtual meeting link.
Status **Active – Email received 7-15-2023**

Saturday Serenity Changes 7/18/2023 Scan

Address Staten Island, New York 10314
Group ID 111-039 (V)
Group Type Nar-Anon Virtual
Day/Time Saturday
Time 10:00am
Notes Please contact guymagg@yahoo.com for the virtual meeting link.
Status **Active – Email received 7-15-2023**

No Longer Alone NFG Changes 7/07/2025 Scan

Address Amityville, New York 11701
Group ID 111-040 (V)
Group Type Nar-Anon Virtual
Day/Time Tuesday
Time 7:30pm (EST)
Notes Our meeting is virtual only. Please contact ccurda@optonline.net for the virtual meeting link.
BEGINNERS ARE WELCOME AT ALL MEETINGS.
Status Active

New Light Changes 12/14/2023 Scan

Location Name St. Benedicts Church
Address 1082 Edison Avenue
Throgs Neck, New York 10465
Group ID 111-041
Group Type Nar-Anon
Day/Time Wednesday
Time 7:00-8:15pm
Status Active

New Beginnings Changes 12/14/2023 Scan

Address New York, NY 10019
Group ID 111-042 (V)
Group Type Nar-Anon Virtual
Day/Time Tuesday
Time 6:15pm (EST)
Notes Please contact naranonnewbeginnings@gmail.com for virtual meeting info.
Status **Active Virtual**

Saturday Night Survivors Changes 1/29/2023 Scan

Address Yonkers, New York 10710
Group ID 111-043 (V)
Group Type Nar-Anon Virtual
Day/Time Saturday
Time 7:00 PM EST
Notes Please get in touch with saturdaynightsurvivornfg@gmail.com for the virtual meeting link.
Status **Active Email received**

Rays of Hope Changes 12/31/2025 Scan

Location Name Webster Presbyterian Church
Address 550 Webster Rd
Room 9
Webster, NY 14580
Group ID 111-045
Group Type Nar-Anon
Day/Time Wednesday
Time 5:30 pm to 6:45 pm
Status Active

Never Alone Changes 11/09/2025 Scan

Location Name St. Mel's Catholic Academy
Address 154-24 26th Ave
Queens, New York 11354
Group ID 111-046
Group Type Nar-Anon
Day/Time Tuesday
Time 7:00pm-8:00pm
Status **Active – Email received 3-21-2023**

Just For Today Changes 7/16/2023 Scan

Location Name St. John's Episcopal Church
Address 100 Underhill Street
Yonkers, NY 10710
Group ID 111-047
Group Type Nar-Anon
Day/Time Tuesday
Time 7:30 PM
Notes Park in the lot next to the church. Meeting at The Butler Nursery School (red door)
Status **Active – Email received 6-18-2022**

Steps To Hope Changes 7/26/2023 Scan

Location Name The Moreau Community Center
Address 144 Main Street
South Glens Falls, New York 12803
Group ID 111-053
Group Type Nar-Anon, Nar-Anon Virtual
Day/Time Wednesday
Time 7:00pm
Notes We meet both in person and virtually. Please contact czechchini94534@gmail.com for the virtual meeting link.
Status Active

Hope For Life

Location Name Immanuel Lutheran Church
Address 556 East Second St.
Jamestown, New York 14701
Group ID 111-056
Group Type Nar-Anon
Day/Time Tuesday
Time 7:00pm
Status Active

Soul Searchers Changes 7/26/2023 Scan

Location Name Robinson Memorial Church
Address 126 S. Terry Road
Syracuse, NY 13219
Group ID 111-057
Group Type Nar-Anon, Nar-Anon Virtual
Day/Time Monday
Time 7:00pm
Notes Meetings will be held in person as well as online. Please contact George at gwejrgm@gmail.com email for information.
Status **Active – Email received 6-27-2022**

Courage to Change Changes 7/26/2023 Scan

Location Name Nanuet Pavillion
Address 25 Smith St.
 Nanuet, NY 10954
Group ID 111-058
Group Type Nar-Anon Virtual
Day/Time Wednesday
Time 7:30pm
Notes No face-to-face meetings at this time. Please contact 845.222.6402 for virtual meeting link.
Status Active – Email received 6-17-2022

Journey of Hope Changes 2/21/2025 Scan

Location Name St. Luke's On The Hill
Address 40 McBride Rd.
 Mechanicville, NY 12118
Group ID 111-060
Group Type Nar-Anon
Day/Time 1st Thursday of the month
Time 7:00pm
Status Active

Narateen Hicksville – inactive needs to be remove

Location Name Parkway Community Church
Address 95 Stewart Avenue
3rd Floor
Hicksville, NY 11801
Group ID 111-064
Group Type Narateen
Day/Time Thursdays
Time 8:00pm
Status Active

Peace-Seekers

Location Name Northgate Free Methodist Church South
Address 350 Bank St.
 Community Room- Lower Level
 Batavia, NY 14020
Group ID 111-066
Group Type Nar-Anon
Day/Time Monday
Time 6:30-7:45pm
Status Active

Hopeful Hearts Changes 7/26/2023 Scan

Location Name Holy Cross Church
Address 4112 E Genesee St.
 Dewitt, NY 13224
Group ID 111-067
Group Type Nar-Anon Virtual
Day/Time Wednesday
Time 7:00pm
Notes No face to face meeting at this time. Please contact Crust1015@gmail.com for virtual meeting info.
Status Active – Email received 6-27-2022

You're Worth It Changes 4/22/2023 Scan

Address Canandaigua, NY 14424
Group ID 111-073 (V)
Group Type Nar-Anon Virtual
Day/Time Monday
Time 7:00pm (EST)
Notes Please contact naranoncanandaigua@gmail.com for the virtual meeting link.
Status **Active – Email received 4-13-2023**

Saturday Morning Courage to Change Changes 1/24/2026 Scan

Location Name St Frances de Chantal
Address 1309 Wantagh ave
Room 12
Wantagh, New York 11793
Group ID 111-076
Group Type Nar-Anon, Nar-Anon Virtual
Day/Time Saturday
Time 9:30-10:45am
Notes We meet both in person and virtually. Please contact Couragetochange59@gmail.com for virtual meeting information.
Status Active

When in doubt do nothing Changes 3/07/2024 Scan

Location Name Irondequoit Public Library
Address 1290 Titus Avenue
Rochester, New York 14617
Group ID 111-082
Group Type Nar-Anon
Day/Time Tuesday
Time 6:30pm
Notes Meeting Room 214
Status Active

Healing Springs Family Group

Location Name United Methodist Church
Address 175 5th Avenue
Saratoga Springs, New York 12866
Group ID 111-084
Group Type Nar-Anon
Day/Time Tuesday
Time 7:00pm
Status Active

Seeking Serenity Changes 1/24/2026 Scan

Location Name First Reformed Church
Address 70 Scofield Street
Walden, New York 12586
Group ID 111-092
Group Type Nar-Anon
Day/Time Wednesday
Time 7:30pm
Notes There will be no meeting on the last Wednesday of every month
Entrance on Church Street.
Status Active

Listen, Love and Learn Changes 9/18/2022 Scan

Location Name United Church of Christ
Address 1400 Lehigh Station Road
 Henrietta, New York 14450
Group ID 111-095
Group Type Nar-Anon
Day/Time Monday
Time 5:30 pm
Status Active

Steps of Hope Changes 7/27/2024 Scan

Location Name Grove Community Church
Address 59 Pine Rd
 Saratoga Springs, New York 12866
Group ID 111-096
Group Type Nar-Anon
Day/Time Saturday
Time 10:00am
Status Active

Miracles in Brooklyn Changes 12/28/2025 Scan

Address Brooklyn, New York 11222
Group ID 111-097
Group Type Nar-Anon Virtual
Day/Time Thursday
Time 7:00pm-8:00pm
Notes Please contact Naranonbrooklyn@gmail.com for the virtual meeting link.
 OPEN Meeting
 1st Thursday of the Month - Step/Tradition Study
 2nd & 4th Thursdays - Beginners
 3rd Thursday of Month - Topic/Business
Status **Active – Email received 2-20-25**

Heartsease Changes 2/21/2025 Scan

Location Name Fig Tree Fellowship
Address 21 Main St
 Suite G-4
 Lockport, NY 14094
Group ID 111-104
Group Type Nar-Anon
Day/Time 2nd and 4th Thursday of the month
Time 7:00pm
Notes As of Feb 2025, the meeting is on Hold for a few months, please check back later. If you have any questions or
 need help, please get in touch with khubertbickel@gmail.com
Status On Hold

Virtual Serenity

Group ID 111-105 (V)
Group Type Nar-Anon Virtual
Day/Time Sunday
Time 7:30 PM EST
Notes Contact virtualserenitysunday@gmail.com to get the access code.
Status **Active**

Grupo de apoio de familia Added 3-07-2024

Address Albany, NY 12065
Group ID 111-107(V)
Group Type Nar-Anon
Day/Time Quinta-feira
Time 8:00 PM
Notes Please contact flavia_msukert@hotmail.com for the virtual meeting link.
Status Active

Miracles In Crown Heights Changed 4-20-2026 Scan

Location Name St. Teresa of Avila Roman Catholic Church
Address 563 Sterling P
 Brooklyn, NY 11238
Group ID 111-108
Group Type Nar-Anon
Day/Time Monday
Time 7:00 PM
Notes Please contact us at miraclesincrownheights@gmail.com if you need more information.
 We meet in the Conference Room, next door to AA meeting.
Status Active

Jeff Nar-Anon Removed 5-28-2026 Scan [Hudson Valley]

Location Name Jeff Works
Address 4217 NY State Rt 52
 Jeffersonville, NY 12748
Group ID 111-109
Group Type Nar-Anon
Day/Time Tuesday
Time 7:00-8:30
Notes Please contact jeffnaranon@gmail.com If you need more information.
 Stairs. Assistance provided.
Status Active

New Hope Added 6-17-2024 Scan [Staten Island]

Location Name Staten Island University Hospital South
Address 375 Seguine Avenue
 Staten Island, NY 10309
Group ID 111-110
Group Type Nar-Anon
Day/Time Wednesday
Time 7:00-8:30pm
Notes The conference room is on the lobby floor.
Status Active

Hope Begins Here Added 6-17-2024 [Finger Lakes]

Location Name Dansville Free Methodist Church
Address 25 Franklin Street
 Dansville, NY 14437
Group ID 111-111
Group Type Nar-Anon
Day/Time Tuesday
Time 7:00 pm
Status Active

Pathway of Peace Added 1-24-2026 Scan

Location Name The United Methodist Church at Berlin
Address 17 S. Main Street
Berlin, NY 12022
Group ID 111-112
Group Type Nar-Anon
Day/Time Sunday
Time 7:00pm
Notes The first meeting is on November 17, 2024.
Status Active

NOTES:

Changes 7-16-2023:

1-Added – 111-106 – Serenity in the Finger Lakes
6-Removes – 111-003 – New Beginnings
069 – Ticonderoga New Beginnings
085 – Olean, NY Nar-Anon
094 – Healing Start Here
101 – Hope For Today
103 – New Beginnings

Changes 7-18-2023:

3 Changes – 111-037(V) – Travel to Peace
038(V) – Courage to Change
039(V) – Saturday Serenity

Virtual Only changed on WSO

Changes 7-20-2023:

1-Removed – 111-009 – Hope & Healing

Changes 7-26-2023:

6 - Changes – 111-053 – Notes Area
057 – Notes Area
058 – Notes Area
067 – Notes Area
080 – Notes Area
104 – Notes Area

Changes 8-05-2023:

2 - Changes – 111-034 – Notes Area
111-106 – Notes Area removed start date
1 – Remove – 111-018

Changes 8-22-2023:

3 – Changes – 111-015 – Note Area
033 – Note Area
042 – Note Area

Changes 8-31-2023:

1 – Remove 111-086 – NNY Nar-Anon
2 – Changes 111-019 - Address as of 9-7-2023 – Email from Robin - moving to Thrive Center Westbury – Hopeful in Hicksville
111-064 - Address as of 9-7-2023 – Email from Robin - moving to Thrive Center Westbury

Changes 9-18-2023:

1 – Changes – 111-015 – Group Type & Notes – Forest Hills Freedom Group
111-019 – Address & Time - Hopeful in Hicksville
2 – Remove - 111-027 – Step Into Serenity – Old Bethpage
111-034 – Keep Coming Back – Hilton

Changes 9-30-2023:

- 1 – Changes – 111-040 – Group Type & Location Name
- 2 – Remove – 111-080 – Nar-Anon – Allegany County Naranon Chapter A.C.N.C.
-099 – Nabe Nar-Anon

Changes 10/13/2023

- 1 – Changes – 111-003 – Note Area

Changes 10/23/2023 – NONE!

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Changes 11/09/2023 – NONE!

1 - 111-058 Email time change from 7:45 pm to 7:30 pm not reported on WSO's Database Reported to NY Region

Changes 11/28/2023 – NONE!

Changes 12/13/2023

- 1 – Changes – 111-002 – Note Area
111-027 – Added NFG back to NY Region Lists – Email from GSR group still active 12-09-2023 – WSO needs to be Fixed

Changes 12/30/2023

- 1 – Changes – 111-058 – Time change
111-104 – Location changes

Changes 1/26/2024

- 1-Changes – 111-027 – WSO Record fixed
111-034 – recorded added back to WSO database
111-045 – Address & location changed

Changes 3/07/2024

- 1 - Added - 111-107 – New Group
111-108 – New Group
- 2 – Changes-111-027 – Added Notes
111-082 - Changes Note Area

Change 3/26/2024

- 1 – Changes -111-090 – Group Type change
108 – Group Type Change

Changes 4/15/2024

- 1 – Removed – 111-050 – Group removed from scan 4/15/2024
- 2 – Changes – 111- 108 – notes Change

Changes 6-17-2024

- 1 – Removed – 111-033 – You're Not Alone, Rochester
111-090 – Serenity In Numbers, Hudson
- 2 – Changes - 111- 012 – Day/Time
- 3 – Added - 111-109 – New Group
111-110 – New Group
111-111 – New Group

Changes 7/02/2024

- 1 – Changes – 111-015 – Temp Location Change
111-108 – Note change

Changes 7/27/2024

- 1 – Changes – 111-015 – Address & Location
111-076 – Address, Group Type, Location, & notes
111-096 – Address, Location, & Notes

Changes 8/10/2024 – NONE

Changes 9/10/2024

- 1 – Changes – 111-042 - Group Type Virtual [V]
097 – Notes change

Changes 9/16/2024

- 1 – Changes – 111-108 – Note Changes [address change in note area]
- 2 - Groups that need to update information

Changes 9/27/2024

1 – Changes – 111-108 – Address Change, Day, Time, location

Changes 10/29/2024

1 – Changes – 111 – 034 – Notes Change

111 - 097 – Notes Change

111 - 108 - Notes Change

2- Relisted - 111 - 033

3- Remove - 111 – 078 - *Courage For Change*

111 – 100 - *Living With Hope*

111 – 106 - *Serenity in the Finger Lakes*

Changes 11/07/2024

1 – Added – 111-112 - Pathway of Peace

Changes 11/14/2024

1 – Changes - 111-033 – Address, Type, Location & Note

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Changes 12/19/2024

1 – No Changes

Changes 12/23/2024

1 – Changes – 111-002 – Start Times

Changes 1/31/2025

1 - No Changes

Changes 2/21/2025

1 – Changed - 111-060 – Day/Time

111-097 – Time

111-104 – Note – On Hold

Changes 3/22/2025

1 - No Changes

Changes 5/03/2025

1 – Charges – 111-030 – Note

111-040 – Note

Changes 5/31/2025

1 – Changes – 111-008 – Address

111-045 – Time

2 – Remove – 111-088 – letter WSO 5-6-2025 - Our Own Recovery

Changes 7/07/2025

1 – Change – 111-040 – Name

Changes 8/02/2025

NONE

Changes 9/02/2025

NONE

Changes 9/22/2025

1 – 111-004- Notes

Changes 11/09/2025

1 – Change – 111-033 – Group Type

111-046 - Time

Changes 12/28/2025

1 - 111- 045 – Notes

- 076 – Address

- 092 – Notes

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- 097 – Address, Group Type, Notes

Changes 1/24/2026

1 – 111-004 – Note
-076 – Note
-092 – Note
-112 - Time

Changes 2/25/2026

1 – 111-012 – Note
-109 – Address, Group Type, Note

Changes 3/14/2026

None

Changes 3/28/2026

1 – 111-045 – Note

Changes 4-20-2026

Database Format changed list regenerated

1- 111-108 – Group Type Changed

Changes 4-20-2026

1 – 111-019 – Removed – Hopeful in Hicksville

109 – Removed – Jeff Nar-Anon

2– fixes Needed -111-064 - Hopeful in Hicksville Narateen – needs to be removed closed per Robin

022 - Magic Chairs in Manhasset – need to be remove email from Mary 5-14-2023 group unfortunately disbanded

038(V) – Courage to Change – Notes change contact to gladysdeltio@yahoo.com