

We Begin Here



Held in the Rocky Mountain Region Virtual Meeting Room

We are here to help with your beginning where you are in Nar-Anon. To pass along what was so freely given to us on to you.

To attend go to naranonrm.org
Thursdays at
1pm ET | Noon CT
11am MT | 10am PT

In Nar-Anon we are never alone!

We invite you to stay for the After Meeting/Roundtable!!

- ☐ Meetings run in 7-week intervals
- ☐ About Addiction
- ☐ Nar-Anon Steps 1, 2, and 3
- ☐ Sponsorship
- ☐ Service
- ☐ Guest Speaker on 7th week
- ☐ Help with starting up
- ☐ Questions and Answers
- ☐ Intro to Nar-Anon with a new understanding