

SATURDAY'S

Serenity (Staten Island, NY)

Time: 10 am EST

Meeting ID: 730-05-5793

Password: serenity

Courage to Changer (North Merrick)

Time: 9:30 am EST

<https://zoom.us/j/950933574>

Meeting ID: 950933574

Password: 317710

Saturday Night Survivors (Yonkers)

Time: 7:00 – 8:15 pm EST

Meeting ID: 847 8429 9134

Password: 589276

SUNDAY'S

Virtual Serenity

Time: 7:30 pm EST

Zoom Meeting ID:

<https://us02web.zoom.us/j/83864582592?pwd=alFXVHhPaj>

[AxSDhjNnNmNGhOOVo5Zz09](https://us02web.zoom.us/j/83864582592?pwd=alFXVHhPaj)

Meeting ID: 838 6458 2592

Password: 423436

Date 10/29/2023

HELPFUL TIPS:

- 1. Put your phone on silent so it does not cause any disruptions.*
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NAR-ANON FAMILY GROUPS**
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NEW YORK ZOOM MEETING LIST

Updated: November 2023

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Nar-Anon members to call between meetings

NAME

PHONE NUMBER

MONDAY'S

Soul Searchers – (Syracuse/Auburn, NY)

Time: 7:00 pm EST

HYBRID – Face to Face

Meeting ID: 212 121 826

Password: 791903

You're Worth it

Time: 7:00 pm EST

Meeting ID: 820 6306 8677

Password: 363636

Safe Harbor (Jamaica Estates)

Time: 7:30 pm EST

<https://us04web.zoom.us/j/7821590756?pwd=Qkp2MVBPR>

[001RmFRUHdCMkY3NnBwZz09](https://us04web.zoom.us/j/7821590756?pwd=Qkp2MVBPR)

Meeting ID: 782 159 0756

Password: 091468

TUESDAY'S

The Suffolk Connection – (Smithtown)

Time: 7:30 pm EST

HYBRID – Face to Face

Meeting ID: 832 2915 4033

Password: 0011789

Nar-Anon Family Group – (Amityville)

Time: 7:30 – 8:30 pm EST

<https://zoom.us/j/537533168?pwd=MURmdHM0ZjZlWkc3R>

[FFPODI4YzcyQT09](https://zoom.us/j/537533168?pwd=MURmdHM0ZjZlWkc3R)

Meeting ID: 537 533 168

Password: 048626

Travel to Peace (Staten Island, NY)

Time: 8:00 pm EST

Meeting ID: 730-05-5793

Password: serenity

TUESDAY'S

New Beginnings / (NYC – Manhattan Meeting)

Time: 6:15 – 8:00 pm EST

<https://us02web.zoom.us/j/86954415512?pwd=U0dQblq0a>

[FpjVmV6a3BXZDZ5OUxDZz09](https://us02web.zoom.us/j/86954415512?pwd=U0dQblq0a)

Meeting ID: 869 5441 5512

Password: 121212

WEDNESDAY'S

FH Freedom Group (Queens)

Time: 7:30 pm EST

Meeting ID: 829 6483 4859

Password: 674063

New Light – (Bronx)

Time: 7:00 pm EST

Meeting ID: 846 1750 5642

Password: Bronx

One tap mobile: +19292056099,,84617505642# US[NY]

+13017158592,,84617505642# US[Washington DC]

Dail Loc.: +1 929 205 6099 US [NY], +1 301715 8529 US[Washington DC]

+1 312 626 6799 US [Chicago], +1 253 215 8782 US [Tacoma]

+1 346 248 7799 US [Houston], +1 669 900 6833 US [San Jose]

Hopeful Hearts (Syracuse/Auburn)

Time: 7:00 pm EST

Meeting ID: 212 121 826

Password: 791903

Hope Begins Here (Buffalo, NY)

Time: 7:00 pm EST

HYBRID – Face to Face

Meeting ID: 782 272 830

Password: 034213

You're Not Alone Family Group (Rochester)

Time: 7:00 pm EST

Meeting ID: 504 579 821

Password: courage

THURSDAY'S

Miracles in Brooklyn (Brooklyn)

Time: 7:30 pm EST

HYBRID – Face to Face

Meeting ID: 634234710

Password: 098403

One tap Mobile: +16465588656, 89131010687# (New York)

Courage to Change (Staten Island, NY)

Time: 12 pm EST

Meeting ID: 730-05-5793

PW: serenity

Real People Too (Sayville)

Time: 7:30 pm EST

HYBRID – Face to Face

<https://us02web.zoom.us/j/21238650160>

Meeting ID: 212 3865 0160

No Password

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ZOOM MEETING LIST – Long Island
Updated: November 2023

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[FFPODI4YzcyQT09](https://zoom.us/j/537533168?pwd=MURmdHM0ZjlzWkc3RFFPODI4YzcyQT09)

THURSDAY'S

Real People Too (Sayville)

Time: 7:30 pm EST

HYBRID – Face to Face

<https://us02web.zoom.us/j/21238650160>

Meeting ID: 212 3865 0160

No Password

SATURDAY'S

Courage to Changer (North Merrick)

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Meeting ID: 950933574

Password: 317710

SUNDAY'S

Virtual Serenity

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Zoom Meeting ID:

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[AxSDhjNnNmNGhOOVo5Zz09](https://us02web.zoom.us/j/83864582592?pwd=a1FXVHhPajAxSDhjNnNmNGhOOVo5Zz09)

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ZOOM MEETING LIST – CT, MA, ME, NH, PA (includes Colorado)

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Nar-Anon members to call between meetings

NAME

PHONE NUMBER

MONDAY'S

Nar-Anon Family Group Journey to Recovery

(Nashua, NH)

Time: 5:00 pm EST

<https://us06web.zoom.us/j/94136331642?pwd=QSttTWxlaklybktvbk9vUzVqYjdlZz09>

[aklybktvbk9vUzVqYjdlZz09](https://us06web.zoom.us/j/94136331642?pwd=QSttTWxlaklybktvbk9vUzVqYjdlZz09)

Zoom Meeting ID: 941 3633 1642

Password: 8eXf00

TUESDAY'S

East Haven Nar-Anon Meeting (East Haven, CT)

Time: 7:00 pm EST

Zoom Meeting ID:

<https://us02web.zoom.us/j/542755659?pwd=RGhBeklIWfZsaVpCbDk4RE1jYWwhJz09>

[saVpCbDk4RE1jYWwhJz09](https://us02web.zoom.us/j/542755659?pwd=RGhBeklIWfZsaVpCbDk4RE1jYWwhJz09)

Shoreline Road to Recover (Niantic, CT)

Time: 7:00 pm EST

Zoom Meeting ID: 847 2593 1720

Password: 722578

Danbury Nar-Anon Danbury, CT)

Time: 7:00 – 8:15 pm EST

Zoom Meeting ID: 956 715 1591

Password: Danbury

WEDNESDAY'S

Catch the Wave (Old Orchard Beach, ME)

Time: 6:00 pm EST

Zoom Meeting ID: 824 7265 2066

Password: thewave

Letting Go With Love

Time: 7:00 pm EST

Zoom Meeting ID: 878 1220 8542

No Password

One Tap Mobile:

+13126266799,,87812208542# US (Chicago)

+19292056099,, 87812208542# US (New York)

THURSDAY'S

Let's Get Honest (Springfield, CT)

Time: 7:00 – 8:30 pm EST

Meeting ID: 860 8947 2595

Password: none

Feel the Freedom (Bristol, CT)

Time: 7:00 pm EST

Zoom Meeting ID: 842 3692 8999

Password: 821329

FRIDAY'S

I Am Not Alone (West Hartford, CT)

Time: 7:00 pm EST

Zoom Meeting ID: 970 800 592

No Password:

SATURDAY

Journey to Recovery – (East Haven, CT)

Time: 10 – 11:30 am EST

Zoom Meeting ID:

<https://us02web.zoom.us/j/8189350076?pwd=YjJwaXRLNE>

[NxL1BSUUhzM3VGeWxKQT09](https://us02web.zoom.us/j/8189350076?pwd=YjJwaXRLNE)

Zoom Meeting ID: 818 935 0076

Password: 216224

Dial in: +1 929 205 6099

Meeting ID: 818 935 0076

Password: 216224

SUNDAY'S

Look to This Day (Meriden, CT)

Time: 9:30 am EST

Zoom Meeting ID: 621 852 505

Password: 070139

Date: 10/29/2023

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ZOOM MEETING LIST – Mid-Atlantic DC, MD, VA, WV

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PHONE NUMBER

TUESDAY'S

New Hope Church, (Catonsville, MD)

Time: 6:30 pm EST

Meeting ID: 9903571019

Password: Tuesday630

Just For Today (Baltimore, MD)

Time: 7:00 pm EST

Meeting ID: 466 577 9028

Password: 643424

WEDNESDAY'S

A New Beginning (Gathersbury, MD)

Time: 6:30 pm EST

Meeting ID: 620 399 829

No Password

THURSDAY'S

Seeking Serenity (Washington DC)

Time: 6:30 pm EST

Zoom Meeting ID:

<https://us02web.zoom.us/j/86212252310?pwd=Rm1NVzBsRzFZWV1iWDdzTHZNU0pZZz09>

Meeting ID: 862 1225 2310

Password: 191113

SATURDAY'S

Serenity on Saturday (Capital Area)

Time: 10:30 am EST

Zoom Meeting ID:

<https://us02web.zoom.us/j/83717269900?pwd=YUNQRkYyVE55eHNJamJTOXp3R2d3QT09>

Meeting ID: 837 1726 9900

Password: 211165

SATURDAY'S

Nar-Anon Family Group (Fredricksburg, VA)

Time: 11:00 am EST

Zoom Meeting ID:

<https://us02web.zoom.us/j/85866099748?pwd=TElvM0tFR>

[W11SmUwRExOeXARAgtDUT09](https://us02web.zoom.us/j/85866099748?pwd=TElvM0tFR)

Meeting ID: 859 6609 9748

Password: 806224

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ZOOM MEETING LIST – Mid-West IL, IN, KS, MO, WI

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MONDAY'S

Kansas City (MO)

Time: 6:00 PM CST

Zoom Meeting ID: 878 6900 4163

Password: 309412

Touched by Addiction (Leawood, KS)

Time: 7:00 pm CST

Zoom Meeting ID: 997 4871 4391

Password: 383357

Waukesha, WI

Time: 7:30 PM CST

Zoom Meeting ID: 872 5838 6014

Password: 21099

TUESDAY'S

Never Alone NFG (Madison, WI)

Time: 6:30 pm CST

Zoom Meeting ID: 304 572 856

Password: 064391

(Topeka, KS)

Time: 7:00 pm CST

Zoom Meeting ID: 878 6045 8363

Password: serenity

Metro Area (Indianapolis IN)

Time: 7:30 pm CST

Zoom Meeting ID: 960 4635 1275

Password: 092190

WEDNESDAY'S

New Choices NFG (Maryland Heights,MO)

Time: 7:30 pm CST

Zoom Meeting ID: 229 660 127

Password: 987951

THURSDAY'S

Platte Woods

Time: 12 PM CST

Zoom ID:829 7376 0749

PW: 476119

Wisconsin Area

Time: 6:30 PM CST

Zoom ID: 874 5398 8788

PW: None

Evanston NFG (Evanston, IL)

Time: 7:00 pm CST

Zoom Meeting ID: 929 9993 0458

Password: 187648

SATURDAY'S

You Are Not Alone (Chicago, IL)

Time: 3:00 pm CST

Zoom Meeting ID: 373 761 392

Password: 614525

SUNDAY'S

Serenity Seekers NFG (La Crosse, WI)

Time: 12:30 pm CST

Zoom Meeting ID: 893 8025 9384

No Password:

SUNDAY'S

Serenity Seekers II NFG (Munster, IN)

Time: 7:00 pm CST

Zoom Meeting ID: 546 387 6141

Password: 229432

SATURDAY'S

Torrance, CA

Time: 11:00 am PST

Meeting ID: 108 991 827

Password: 154701

Circle of Hope Group (Monterey, CA)

Time: 9:00 am PST

Meeting ID: 745 977 7458

No Password

Twelve Step Study Workshop (Simi Valley)

Last Saturday of the Month

Time: 6:30 pm PST

Meeting ID: 884 0262 1415

Password: 832671

SUNDAY'S

Saving OurSelves (Santa Cruz, CA)

Time: 6:30 pm PST

Zoom Meeting ID:

<https://us02web.zoom.us/j/7459777458>

Meeting ID: 745 977 7458

NFG Step Study (Steps 6-12)

Time: 12 pm PST

Meeting ID: 745 977 7458

No Password

NFG Step Study (Steps 1-5)

Time: 1 pm PST

Meeting ID: 745 977 7458

No Password

Date: 10/29/2023

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ZOOM MEETING LIST – California

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MONDAY'S

Monday Nite Miracles Group (Seaside, CA)

Time: 6:30pm PST

Zoom Meeting ID: <https://zoom.us/j/7459777458>

Meeting ID: 7459777458

A Better Way to Lived (Temecula, CA)

Time: 7:00 pm PST

Meeting ID: 872 4812 9359

Password: Temecula

(Claremont, CA)

Time: 6:30 pm PST

Meeting ID: 812 247 4278

Password: 379103

TUESDAY'S

Candle Light Group (Atascadero, CA)

Time: 6:00 pm PST

<https://usweb.zoom.us/j/9622810477>

Meeting ID: 962 281 0477

Password: None

In the Solution Group (Monterey, CA)

Time: 6:30 pm PST

<https://zoom.us/j/93264701592?pwd=ZXF6cUR4VUVV3ZU0xcCtJt1JrbFU3Ut09>

Meeting ID: 932 6470 1592

Password: 049795

Hope and Healing (Moreno Valley)

Time: 6:15PM PST

Meeting ID: 843 5317 3785

Password: 474788

(Santa Clarita, CA)

Time: 7:00PM PST

Meeting ID: 843 5317 3785

Passcode: 474788

WEDNESDAY'S

Guide to Serenity Group (Gilroy, CA)

Time: 7:30 pm PST

<https://us02web.zoom.us/j/7459777458>

Meeting ID: 745 977 7458

Password: none

Chatsworth, CA

Time: 7:30 pm PST

Meeting ID: 863 3631 4407

Password: 071117

San Bernardino, CA

Time: 6:30 pm PST

Meeting ID: 792 4548 8209

Password: 6NtQYP

Hope for Today (Lancaster, CA)

Time: 7:00 pm PST

Meeting ID: 470 050 2383

Password: antelope

THURSDAY'S

Winds of Changed Group (Hollister, CA)

Time: 7:00 pm PST

Zoom Meeting ID: <https://us02web.zoom.us/j/7459777458>

Meeting ID: 745 977 7458

(Fountain Valley, CA)

Time: 7:00 pm PST

Meeting ID: 893 7983 0257

Password: hope

Hope Never Ends (Hesperia, CA)

Time: 7:30 pm PST

Meeting ID: 893 7983 0257

Passcode: hope

THURSDAY'S

(Thousand, CA)

Time: 7:30 pm PST

Meeting ID: 845 5457 9624

Password: 820108

Vision of Hope Group (Los Gatos, CA)

Time: 7:30 pm PST

Zoom Meeting ID:

[https://us02web.zoom.us/j/86499034930?pwd=MEdLU1Ra](https://us02web.zoom.us/j/86499034930?pwd=MEdLU1RaSjVpaU1BR1Y2OGF6eTdQUt09)

[SjVpaU1BR1Y2OGF6eTdQUt09](https://us02web.zoom.us/j/86499034930?pwd=MEdLU1RaSjVpaU1BR1Y2OGF6eTdQUt09)

Meeting ID: 864 9903 4930

Password: 4242

(Torrance, CA)

Time: 7:30PM PST

Meeting ID: 720 707 2699

Passcode: 090098

Ontario Marble Meeting (Ontario, CA)

Time: 9:00 am PST

Meeting ID: 854 7733 8491

Password: Marble

FRIDAY'S

I Can be Free Group (Santa Barbara, CA)

Time: 6:00 pm PST

Zoom Meeting ID:

[https://ucsc.zoom.us/j/203487999?pwd=bFN1OENxSWl6c](https://ucsc.zoom.us/j/203487999?pwd=bFN1OENxSWl6cW9vdFEzTmFEcFcyZz09)

[W9vdFEzTmFEcFcyZz09](https://ucsc.zoom.us/j/203487999?pwd=bFN1OENxSWl6cW9vdFEzTmFEcFcyZz09)

Meeting ID: 745 977 7458

(Lakewood)

Time: 7:00 PM PST

Zoom Meeting ID: 936 9808 6516

No Password:
