

THURSDAY'S

Miracles in Brooklyn (Brooklyn)

Time: 7:30 pm EST

HYBRID – Face to Face

Meeting ID: 634234710

Password: 098403

One tap Mobile: +16465588656, 89131010687# (New York)

Real People Too (Sayville)

Time: 7:30 pm EST

HYBRID – Face to Face

<https://us02web.zoom.us/j/21238650160>

Meeting ID: 212 3865 0160

No Password

Naranon Rocky Mountain (CO)

Time: 9 pm EST

Zoom Meeting ID: <https://zoom.us/j/395160780>

Meeting ID: 395160780

Password: serenity

Thursday Topic: Step Meeting

FRIDAY'S

Naranon Rocky Mountain (CO)

Time: 9 pm EST

Zoom Meeting ID: <https://zoom.us/j/395160780>

Meeting ID: 395160780

Password: serenity

SATURDAY'S

Serenity (Staten Island, NY)

Time: 10 am EST

Meeting ID: 730-05-5793

Password: serenity

Courage to Changer (North Merrick)

Time: 9:30 am EST

<https://zoom.us/j/950933574>

Meeting ID: 950933574

Password: 317710

SATURDAY'S

Saturday Night Survivors (Yonkers)

Time: 7:00 – 8:15 pm EST

Meeting ID: 847 8429 9134

Password: 589276

Naranon Rocky Mountain (CO)

Time: 9 pm EST

Zoom Meeting ID: <https://zoom.us/j/395160780>

Meeting ID: 395160780

Password: serenity

Saturday's Topic: Speakers

SUNDAY'S

Virtual Serenity

Time: 7:30 pm EST

Zoom Meeting ID:

[https://us02web.zoom.us/j/83864582592?pwd=alFXVHhPaj](https://us02web.zoom.us/j/83864582592?pwd=alFXVHhPajAxSDhjNnNmNGh0OVVo5Zz09)

[AxSDhjNnNmNGh0OVVo5Zz09](https://us02web.zoom.us/j/83864582592?pwd=alFXVHhPajAxSDhjNnNmNGh0OVVo5Zz09)

Meeting ID: 838 6458 2592

Password: 423436

Naranon Rocky Mountain (CO)

Time: 9 pm EST

Zoom Meeting ID: <https://zoom.us/j/395160780>

Meeting ID: 395160780

Password: serenity

Date 5/1/2023

**NEW YORK REGION
NAR-ANON FAMILY GROUPS**
LEVITTOWN POST OFFICE
P.O. BOX 293
180 GARDINERS AVE.
LEVITTOWN, NY 11756



NEW YORK ZOOM MEETING LIST

Updated: May 2023

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snnfqweb@gmail.com

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Nar-Anon members to call between meetings

NAME

PHONE NUMBER

MONDAY'S

Soul Searchers – (Syracuse/Auburn, NY)

Time: 7:00 pm EST

HYBRID – Face to Face

Meeting ID: 212 121 826

Password: 791903

Step Into Serenity – (Old Bethpage)

Time: 7:30-08:45 pm EST

HYBRID – Face to Face

Join Zoom Meeting: <https://zoom.us/j/105898670>

Password: 927600

You're Worth it

Time: 7:00 pm EST

Meeting ID: 820 6306 8677

Password: 363636

New Zoom ID stating 5-15-2023

Serenity In Numbers – (Hudson NY)

TIME: 7:00 pm EST

Contact: hudson.ny.naranon@gmail.com

For Virtual Meeting Information

Safe Harbor (Jamaica Estates)

Time: 7:30 pm EST

<https://us04web.zoom.us/j/7821590756?pwd=Qkp2MVBPR>

001RmFRUHdCMkY3NnBwZz09

Meeting ID: 782 159 0756

Password: 091468

Naranon Rocky Mountain (CO)

Time: 9 pm EST

Zoom Meeting ID: <https://zoom.us/j/395160780>

Meeting ID: 395160780

Password: serenity

TUESDAY'S

The Suffolk Connection – (Smithtown)

Time: 7:30 pm EST

HYBRID – Face to Face

Meeting ID: 832 2915 4033

Password: 0011789

Nar-Anon Family Group – (Amityville)

Time: 7:30 – 8:30 pm EST

<https://zoom.us/j/537533168?pwd=MURmdHMOZjlzWkc3R>

FFPODI4YzcyQT09

Meeting ID:

Password:

Travel to Peace (Staten Island, NY)

Time: 8:00 pm EST

Meeting ID: 730-05-5793

Password: serenity

Naranon Rocky Mountain (CO)

Time: 9 pm EST

Zoom Meeting ID: <https://zoom.us/j/395160780>

Meeting ID: 395160780

Password: serenity

Tuesday Topic SESH

New Beginnings / (NYC – Manhattan Meeting)

Time: 6:15 – 8:00 pm EST

<https://us02web.zoom.us/j/86954415512?pwd=U0dQblq0a>

FpjVmV6a3BXZDZ5OUxjDZz09

Meeting ID: 869 5441 5512

Password: 121212

Maqic Chairs in Manhasset

Time: 7:30 pm EST

We meet on the first Tuesday on the Month

Meeting ID: 659 654 7921

Password: 1234

WEDNESDAY'S

FH Freedom Group (Queens)

Time: 7:20 pm EST

HYBRID – Face to Face

Meeting ID: 829 6483 4859

Password: 674063

WEDNESDAY'S

New Light – (Bronx)

Time: 7:00 pm EST

Meeting ID: 846 1750 5642

Password: Bronx

One tap mobile: +19292056099,,84617505642# US[NY]

+13017158592,,84617505642# US[Washington DC]

Dail Loc.: +1 929 205 6099 US [NY], +1 301715 8529 US[Washington DC]

+1 312 626 6799 US [Chicago], +1 253 215 8782 US [Tacoma]

+1 346 248 7799 US [Houston], +1 669 900 6833 US [San Jose]

Hopeful Hearts (Syracuse/Auburn)

Time: 7:00 pm EST

Meeting ID: 212 121 826

Password: 791903

Hope Begins Here (Buffalo, NY)

Time: 7:00 pm EST

HYBRID – Face to Face

Meeting ID: 782 272 830

Password: 034213

Naranon Rocky Mountain (CO)

Time: 9 pm EST

Zoom Meeting ID: <https://zoom.us/j/395160780>

Meeting ID: 395160780

Password: serenity

Wednesday's Topic: Traditions

THURSDAY'S

You're Not Alone Family Group (Rochester)

Time: 6:30 pm EST

<https://zoom.us/j/352812367>

Meeting ID: 352 812 367

Password: courage

Courage to Change (Staten Island, NY)

Time: 12 pm EST

Meeting ID: 730-05-5793

PW: serenity

HELPFUL TIPS:

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- 3. As with a regular meeting there is one Chairperson who will open up. Depending on the size of the meeting there may be a timekeeper to make sure that everyone gets a fair opportunity to share.*
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- 5. Regarding the format - it will be very similar if not exact to the regular in person meeting. Since hosting meetings online is still a new thing for us, we can work together and discuss what format to use moving forward.*
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ZOOM MEETING LIST – Long Island

Updated: May 2023

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snnfgweb@gmail.com

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HYBRID – Face to Face

Join Zoom Meeting: <https://zoom.us/j/105898670>

Password: 927600

Naranon Rocky Mountain (CO)

Time: 9 pm EST

Zoom Meeting ID: <https://zoom.us/j/395160780>

Meeting ID: 395160780

Password: serenity

TUESDAY'S

The Suffolk Connection – (Smithtown)

Time: 7:30 pm EST

Meeting ID: 832 2915 4033

Password: 0011789

Nar-Anon Family Group – (Amityville)

Time: 7:30 – 8:30 pm EST

<https://zoom.us/j/537533168?pwd=MURmdHMOZilzWkc3RFPODI4YzcyQT09>

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Time: 9 pm EST

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Meeting ID: 395160780

Password: serenity

Tuesday Topic SESH

Magic Chairs in Manhasset

Time: 7:30 pm EST

We meet on the first Tuesday on the Month

Meeting ID: 659 654 7921

Password: 1234

WEDNESDAY'S

Naranon Rocky Mountain (CO)

Time: 9 pm EST

Zoom Meeting ID: <https://zoom.us/j/395160780>

Meeting ID: 395160780

Password: serenity

Wednesday's Topic: Traditions

THURSDAY'S

Real People Too (Sayville)

Time: 7:30 pm EST

HYBRID – Face to Face

<https://us02web.zoom.us/j/21238650160>

Meeting ID: 212 3865 0160

No Password

Naranon Rocky Mountain (CO)

Time: 9 pm EST

Zoom Meeting ID: <https://zoom.us/j/395160780>

Meeting ID: 395160780

Password: serenity

Thursday Topic: Step Meeting

FRIDAY'S

Naranon Rocky Mountain (CO)

Time: 9 pm EST

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Meeting ID: 395160780

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SATURDAY'S

Courage to Changer (North Merrick)

Time: 9:30 am EST

<https://zoom.us/j/950933574>

Meeting ID: 950933574

Password: 317710

SATURDAY'S

Naranon Rocky Mountain (CO)

Time: 9 pm EST

Zoom Meeting ID: <https://zoom.us/j/395160780>

Meeting ID: 395160780

Password: serenity

Saturday's Topic: Speakers

SUNDAY'S

Virtual Serenity

Time: 7:30 pm EST

Zoom Meeting ID:

[https://us02web.zoom.us/j/83864582592?pwd=a1FXVHhPaj](https://us02web.zoom.us/j/83864582592?pwd=a1FXVHhPajAxSDhjNnNmNGh0OVo5Zz09)

[AxSDhjNnNmNGh0OVo5Zz09](https://us02web.zoom.us/j/83864582592?pwd=a1FXVHhPajAxSDhjNnNmNGh0OVo5Zz09)

Meeting ID: 838 6458 592

Password: 423436

Naranon Rocky Mountain (CO)

Time: 9 pm EST

Zoom Meeting ID: <https://zoom.us/j/395160780>

Meeting ID: 395160780

Password: serenity

SATURDAY'S

Naranon Rocky Mountain (CO)

Time: 9 pm EST

Zoom Meeting ID: <https://zoom.us/j/395160780>

Meeting ID: 395160780

Password: serenity

Saturday's Topic: Speakers

SUNDAY'S

Look to This Day (Meriden, CT)

Time: 9:30 am EST

Zoom Meeting ID: 621 852 505

Password: 070139

Naranon Rocky Mountain (CO)

Time: 9 pm EST

Zoom Meeting ID: <https://zoom.us/j/395160780>

Meeting ID: 395160780

Password: serenity

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ZOOM MEETING LIST – CT, MA, ME, NH, PA (includes Colorado)

Updated: May 2023

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Nar-Anon members to call between meetings

NAME

PHONE NUMBER

MONDAY'S

Nar-Anon Rocky Mountain (Colorado)

Time: 9:00 pm EST

Zoom Meeting ID: <https://zoom.us/j/395160780>

Zoom Meeting ID: 395 160 780

Password: serenity

Nar-Anon Family Group Journey to Recovery (Nashua, NH)

Time: 5:00 pm EST

<https://us06web.zoom.us/j/94136331642?pwd=QSttTWxlaklybktvbk9vUzVqYjdlZz09>

Zoom Meeting ID: 941 3633 1642

Password: 8eXf00

TUESDAY'S

East Haven Nar-Anon Meeting (East Haven, CT)

Time: 7:00 pm EST

Zoom Meeting ID: 542 755 659

Shoreline Road to Recover (Niantic, CT)

Time: 7:00 pm EST

Zoom Meeting ID: 847 2593 1720

Password: 722578

Danbury Nar-Anon Danbury, CT)

Time: 7:00 – 8:15 pm EST

Zoom Meeting ID: 956 715 1591

Password: Danbury

Naranon Rocky Mountain (Colorade)

Time: 9 pm EDT

Zoom Meeting ID: <https://zoom.us/j/395160780>

Meeting ID: 395160780

Password: serenity

Tuesday Topic SESH

WEDNESDAY'S

Catch the Wave (Old Orchard Beach, ME)

Time: 6:00 pm EST

Zoom Meeting ID: 824 7265 2066

Password: thewave

Letting Go With Love

Time: 7:00 pm EST

Zoom Meeting ID: 878 1220 8542

No Password

One Tap Mobile:

+13126266799,,87812208542# US (Chicago)

+19292056099,,87812208542# US (New York)

Nar-Anon Rocky Mountain (Colorade)

Time: 9 pm EST

Zoom Meeting ID: <https://zoom.us/j/395160780>

Meeting ID: 395160780

Password: serenity

Wednesday's Topic: Traditions

THURSDAY'S

Let's Get Honest (Springfield, CT)

Time: 7:00 – 8:30 pm EST

Meeting ID: 860 8947 2595

Password: none

Feel the Freedom (Bristol, CT)

Time: 7:00 pm EST

Zoom Meeting ID: 842 3692 8999

Password: 821329

Naranon Rocky Mountain (CO)

Time: 9 pm EST

Zoom Meeting ID: <https://zoom.us/j/395160780>

Zoom Meeting ID: 395160780

Password: serenity

Thursday Topic: Step Meeting

FRIDAY'S

I Am Not Alone (West Hartford, CT)

Time: 7:00 pm EST

Zoom Meeting ID: 970 800 592

No Password:

Naranon Rocky Mountain (CO)

Time: 9 pm EST

Zoom Meeting ID: <https://zoom.us/j/395160780>

Zoom Meeting ID: 395160780

Password: serenity

SATURDAY

Journey to Recovery – (East Haven, CT)

Time: 10 – 11:30 am EST

Zoom Meeting ID:

<https://us02web.zoom.us/j/8189350076?pwd=YjJwaXRlNE>

[NxL1BSUUhzm3VGeWxkQT09](https://us02web.zoom.us/j/8189350076?pwd=YjJwaXRlNE)

Zoom Meeting ID: 818 935 0076

Password: 216224

Dial in: +1 929 205 6099

Meeting ID: 818 935 0076

Password: 216224

Date: 5/1/2023

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ZOOM MEETING LIST – Mid-Atlantic DC, MD, VA, WV

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Nar-Anon members to call between meetings

NAME

PHONE NUMBER

TUESDAY'S

New Hope Church, (Catonsville, MD)

Time: 6:30 pm EST

Meeting ID: 9903571019

Password: Tuesday630

Just For Today (Baltimore, MD)

Time: 7:00 pm EST

Meeting ID: 466 577 9028

Password: 643424

WEDNESDAY'S

A New Beginning (Gathersbury, MD)

Time: 6:30 pm EST

Meeting ID: 620 399 829

No Password

THURSDAY'S

Seeking Serenity (Washington DC)

Time: 6:30 pm EST

Zoom Meeting ID:

<https://us02web.zoom.us/j/86212252310?pwd=Rm1NVzBsRzFZWV1iWDdzTHZNU0pZZz09>

Meeting ID: 862 1225 2310

Password: 191113

SATURDAY'S

Serenity on Saturday (Capital Area)

Time: 10:30 am EST

Zoom Meeting ID:

<https://us02web.zoom.us/j/83717269900?pwd=YUNQRkYyVE55eHNJamJTOXp3R2d3QT09>

Meeting ID: 837 1726 9900

Password: 211165

SATURDAY'S

Nar-Anon Family Group (Fredricksburg, VA)

Time: 11:00 am EST

Zoom Meeting ID:

<https://us02web.zoom.us/j/85866099748?pwd=TElvM0tFRWl1SmUwRExOeXAraGtDUT09>

[WI1SmUwRExOeXAraGtDUT09](https://us02web.zoom.us/j/85866099748?pwd=TElvM0tFRWl1SmUwRExOeXAraGtDUT09)

Meeting ID: 859 6609 9748

Password: 806224

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ZOOM MEETING LIST – Mid-West IL, IN, KS, MO, WI

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PHONE NUMBER

MONDAY'S

Kansas City (MO)

Time: 6:00 PM CST

Zoom Meeting ID: 878 6900 4163

Password: 309412

West Side NFG (Madison, WI)

Time: 6:30 PM CST

Zoom Meeting ID: 304 572 856

Password: 064391

Touched by Addiction (Leawood, KS)

Time: 7:00 pm CST

Zoom Meeting ID: 997 4871 4391

Password: 383357

Waukesha, WI

Time: 7:30 PM CST

Zoom Meeting ID: 872 5838 6014

Password: 21099

TUESDAY'S

Never Alone NFG (Madison, WI)

Time: 6:30 pm CST

Zoom Meeting ID: 304 572 856

Password: 064391

(Topeka, KS)

Time: 7:00 pm CST

Zoom Meeting ID: 878 6045 8363

Password: serenity

Metro Area (Indianapolis IN)

Time: 7:30 pm CST

Zoom Meeting ID: 960 4635 1275

Password: 092190

WEDNESDAY'S

New Choices NFG (Maryland Heights,MO)

Time: 7:30 pm CST

Zoom Meeting ID: 229 660 127

Password: 987951

THURSDAY'S

Platte Woods

Time: 12 PM CST

Zoom ID:829 7376 0749

PW: 476119

Wisconsin Area

Time: 6:30 PM CST

Zoom ID: 874 5398 8788

PW: None

Evanston NFG (Evanston, IL)

Time: 7:00 pm CST

Zoom Meeting ID: 929 9993 0458

Password: 187648

SATURDAY'S

You Are Not Alone (Chicago, IL)

Time: 3:00 pm CST

Zoom Meeting ID: 373 761 392

Password: 614525

SUNDAY'S

Serenity Seekers NFG (La Crosse, WI)

Time: 12:30 pm CST

Zoom Meeting ID: 893 8025 9384

No Password:

SUNDAY'S

Serenity Seekers II NFG (Munster, IN)

Time: 7:00 pm CST

Zoom Meeting ID: 546 387 6141

Password: 229432

Date:5/1/2023

SATURDAY'S

Torrance, CA

Time: 11:00 am PST

Meeting ID: 108 991 827

Password: 154701

Circle of Hope Group (Monterey, CA)

Time: 9:00 am PST

Meeting ID: 745 977 7458

No Password

Twelve Step Study Workshop (Simi Valley)

Last Saturday of the Month

Time: 6:30 pm PST

Meeting ID: 884 0262 1415

Password: 832671

SUNDAY'S

Saving OurSelves (Santa Cruz, CA)

Time: 6:30 pm PST

Zoom Meeting ID:

<https://us02web.zoom.us/j/7459777458>

Meeting ID: 745 977 7458

NFG Step Study (Steps 6-12)

Time: 12 pm PST

Meeting ID: 745 977 7458

No Password

NFG Step Study (Steps 1-5)

Time: 1 pm PST

Meeting ID: 745 977 7458

No Password

Date:5/1/2023

HELPFUL TIPS:

- 1. Put your phone on silent so it does not cause any disruptions.*
- 2. Mute your mic unless we are all reading out loud together or if you are speaking. If you do not mute yourself, every sound in your home gets picked up and this could cause a distraction. Depending on what viewing mode you are using, the main screen focuses on the person speaking. So if you are not muted but noise is coming from your end, the screen will show you, as opposed to the person who is sharing*
- 3. As with a regular meeting there is one Chairperson who will open up. Depending on the size of the meeting there may be a timekeeper to make sure that everyone gets a fair opportunity to share.*
- 4. If you have your video on, you can raise your hand to signal you would like to share. You can also message the Chairperson directly on zoom (Zoom has a chat feature). If you are using Audio Only you can just introduce yourself and share when its silent.*
- 5. Regarding the format - it will be very similar if not exact to the regular in person meeting. Since hosting meetings online is still a new thing for us, we can work together and discuss what format to use moving forward.*
- 6. Not a rule, but just a helpful tip: If you are using Zoom on a computer, when muted, you can hold the space bar down and it will temporarily unmute you as long as it's being held.*

**NEW YORK REGION
NAR-ANON FAMILY GROUPS**
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LEVITTOWN, NY 11756



ZOOM MEETING LIST – California

Updated: May 2023

The Nar-Anon Family Group is primarily for you who know or have known a feeling of desperation concerning the addiction problem of someone very near to you. We have traveled that unhappy road too, and have found the answer with serenity and peace of mind. When you come into the family group, you are no longer alone, but among true friends who understand your problem as few others could.

Nar-Anon World Service Organization

www.nar-anon.org

1 (800) 477-6291

New York Region

www.nynaranon.org

Nar-Anon Suffolk/Nassau Area

www.naranonsuffolkknassauli.org

Please view our website for any update to this list.

Any Question about this list Email

snnfgweb@gmail.com

Anyone whose personal life has been affected by close contact with an addict, or anyone wanting to learn how the disease of addiction affects the family. Other meetings are for Nar-Anon members only and are consider closed.

Note: You need only be affected by close contact with an addict to be considered a member.

Nar-Anon members to call between meetings

NAME

PHONE NUMBER

MONDAY'S

Monday Nite Miracles Group (Seaside, CA)

Time: 6:30pm PST

Zoom Meeting ID: <https://zoom.us/j/7459777458>

Meeting ID: 7459777458

A Better Way to Lived (Temecula, CA)

Time: 7:00 pm PST

Meeting ID: 872 4812 9359

Password: Temecula

(Claremont, CA)

Time: 6:30 pm PST

Meeting ID: 812 247 4278

Password: 379103

TUESDAY'S

Candle Light Group (Atascadero, CA)

Time: 6:00 pm PST

<https://usweb.zoom.us/j/9622810477>

Meeting ID: 962 281 0477

Password: None

In the Solution Group (Monterey, CA)

Time: 6:30 pm PST

<https://zoom.us/j/93264701592?pwd=ZXF6cUR4VUVV3ZU0xcCtJT1JrbFU3Ut09>

Meeting ID: 932 6470 1592

Password: 049795

Hope and Healing (Moreno Valley)

Time: 6:15PM PST

Meeting ID: 843 5317 3785

Password: 474788

(Santa Clarita, CA)

Time: 7:00PM PST

Meeting ID: 372 542 9225

Passcode: Hope

Hope Starts Here (Barstow, CA)

Time: 7:00PM PST

Meeting ID: 872 394 94195

Passcode: hope

WEDNESDAY'S

Guide to Serenity Group (Gilroy, CA)

Time: 7:30 pm PST

<https://us02web.zoom.us/j/7459777458>

Meeting ID: 745 977 7458

Password: none

Chatsworth ,CA

Time: 7:30 pm PST

Meeting ID: 863 3631 4407

Password: 071117

San Bernardino, CA

Time: 6:30 pm PST

Meeting ID: 792 4548 8209

Password: 6NtQYP

Hope for Today (Lancaster, CA)

Time: 7:00 pm PST

Meeting ID: 470 050 2383

Password: antelope

THURSDAY'S

Winds of Changed Group (Hollister, CA)

Time: 7:00 pm PST

Zoom Meeting ID: <https://us02web.zoom.us/j/7459777458>

Meeting ID: 745 977 7458

(Fountain Valley, CA)

Time: 7:00 pm PST

Meeting ID: 893 7983 0257

Password: hope

Hope Never Ends (Hesperia, CA)

Time: 7:30 pm PST

Meeting ID: 893 7983 0257

Passcode: hope

THURSDAY'S

(Thousand , CA)

Time: 7:30 pm PST

Meeting ID: 845 5457 9624

Password: 820108

Vision of Hope Group (Los Gatos, CA)

Time: 7:30 pm PST

Zoom Meeting ID:

<https://us02web.zoom.us/j/86499034930?pwd=MEdLU1RgSjVpaU1BR1Y2OGF6eTdQUt09>

Meeting ID: 864 9903 4930

Password: 4242

(Torrance,CA)

Time: 7:30PM PST

Meeting ID: 720 707 2699

Passcode: 090098

Ontario Marble Meeting (Ontario, CA)

Time: 9:00 am PST

Meeting ID: 854 7733 8491

Password: Marble

FRIDAY'S

I Can be Free Group (Santa Barbara, CA)

Time: 6:00 pm PST

Zoom Meeting ID:

<https://ucsc.zoom.us/j/203487999?pwd=bFN1OENxSWl6cW9vdFEzTmFEcFcyZz09>

Meeting ID: 745 977 7458

(Lakewood)

Time: 7:00 PM PST

Zoom Meeting ID: 936 9808 6516

No Password: