THURSDAY'S

Miracles on Mauier (Brooklyn)

Time: 7:30 pm EST

Meeting ID: 634234710

Password: 098403

One tap Mobile: +16465588656, 89131010687# (New York)

Naranon Rocky Mountain (CO)

Time: 9 pm EST

Zoom Meeting ID: https://zoom.us/j/395160780

Meeting ID: 395160780 Password: serenity

Thursday Topic: Step Meeting

FRIDAY'S

SESH – Loving an Addict

Time: 7 pm EST

Zoom Meeting ID:

https://us02web.zoom.us/j/85291558355?pwd=TWJ6QThX

RmZLWmVFaFh1RFR3bkpadz09

Naranon Rocky Mountain (CO)

Time: 9 pm EST

Zoom Meeting ID: https://zoom.us/j/395160780

Meeting ID: 395160780 Password: serenity

SATURDAY'S

Serenity (Staten Island, NY)

Time: 10 am EST

Meeting ID: 118 969 302

Courage to Changer (North Merrick)

Time: 9:30 am EST

https://zoom.us/i/950933574

Meeting ID: 950933574 Password: 317710

SATURDAY'S

Saturday Night Survivors (Yonkers)

Time: 7:00 - 8:15 pm EST

https://zoom.us/j/5346552971

Meeting ID: 847 8429 9134

Password: 589276

Naranon Rocky Mountain (CO)

Time: 9 pm EST

Zoom Meeting ID: https://zoom.us/j/395160780

Meeting ID: 395160780
Password: serenity
Saturday's Topic: Speakers

SUNDAY'S

Virtual Serenity

Time: 7:30 pm EST

Zoom Meeting ID:

https://us02web.zoom.us/i/83864582592?pwd=alFXVHhPai

AxSDhjNnNmNGh0OVo5Zz09

Meeting ID: 838 6458 592 Password: 423436

Naranon Rocky Mountain (CO)

Time: 9 pm EST

Zoom Meeting ID: https://zoom.us/j/395160780

Meeting ID: 395160780 Password: serenity

Date10/02/2021

NEW YORK REGION NAR-ANON FAMILY GROUPS

LEVITTOWN POST OFFICE P.O. BOX 293 180 GARDINERS AVE. LEVITTOWN, NY 11756



NEW YORK ZOOM MEETING LIST

Updated: October 2021

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www.nar-anon.org

1 (800) 477-6291

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www.nynaranon.org

Nar-Anon Suffolk/Nassau Area

www.naranonsuffolknassauli.org

Please view our website for any update to this list.

Any Question about this list Email snnfgweb@gmail.com

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Soul Searchers - (Syracuse/Auburm, NY)

Time: 7:00 pm EST

HYBRID - Face to Face

Meeting ID: 212 121 826

Password: 791903

Step Into Serenity – (Old Bethpage)

Time: 7:30-08:45 pm EST

Join Zoom Meeting: https://zoom.us/j/105898670

Password: 927600

You're Worth it

Time: 7:00 pm EST

Join Zoom Meeting:

https://us02web.zoom.us/j/81250103327

No Password

Serenity In Numbers – (Hudson NY)

TIME: 7:00 pm EST

 ${\it Contact:} \ \underline{{\it hudson.ny.naranon@gmail.com}}$

For Virtual Meeting Information

Safe Harbor (Jamaica Estates)

Time: 7:30 pm EST

https://us04web.zoom.us/j/7821590756?pwd=Qkp2MVBPR

001RmFRUHdCMkY3NnBwZz09

Meeting ID: 782 159 0756 Password: 091468

Miracles on Monday - (Bellport)

Time: 7:30 - 9:00 pm EST

Meeting ID: 2815662900 Password: Bellport

Naranon Rocky Mountain (CO)

Time: 9 pm EST

Zoom Meeting ID: https://zoom.us/j/395160780

Meeting ID: 395160780

Password: serenity

TUESDAY'S

The Suffolk Connection – (Smithtown)

Time: 7:30 pm EST

http://us02web.zoom.us/j/83229154033?pwd=RzNoNIJMY

VV4cnY3Qm5kVVBKZ3pqdz09

Meeting ID: 832 2915 4033 Password: 0011789

Nar-Anon Family Group - (Amityville)

Time: 7:30 - 8:30 pm EST

https://zoom.us/j/537533168?pwd=MURmdHM0ZjlzWkc3R

FFPODI4YzcyQT09

Meeting ID: Password:

Never Alone (Flushing NY)

Time: 7:30 pm EST

http://zoom.us/j/91998867095

Meeting ID: 919 9886 7095

Password:

Travel to Peace (Staten Island, NY)

Time: 8:00 pm EST

Meeting ID: 730 055 793

Naranon Rocky Mountain (CO)

Time: 9 pm EST

Zoom Meeting ID: https://zoom.us/j/395160780

Meeting ID: 395160780 Password: serenity

Tuesday Topic SESH

New Beginnings / (NYC – Manhattan Meeting)

Time: 6:00 - 8:00 pm EST

https://us02web.zoom.us/j/6990211959?pwd=ckM2SmhUR

EhrbXBMZityL2g4cUc4dz09

Meeting ID: 6990211959 Password: 239W49

WEDNESDAY'S

FH Freedom Group (Queens)

Time: 7:20 pm EST

HYBRID - Face to Face

Meeting ID: 829 6483 4859

Password: 674063

Hopeful Hearts (Syracuse/Auburn)

Time: 7:00 pm EST

Meeting ID: 212 121 826

Password: 791903

<u> Hope Begins Here (Buffalo, NY)</u>

Time: 7:00 pm EST

Meeting ID: 782 272 830

Password: 034213

Naranon Rocky Mountain (CO)

Time: 9 pm EST

Zoom Meeting ID: https://zoom.us/j/395160780

Meeting ID: 395160780

Password: serenity

Wednesday's Topic: Traditions

THURSDAY'S

You're Not Alone Family Group (Rochester)

Time: 6:30 pm EST

https://zoom.us/i/504579821

Meeting ID: 504 579 821

Password: courage

Courage to Change (Staten Island, NY)

Time: 12 pm EST

Meeting ID: 172 609 836

HELPFUL TIPS:

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NEW YORK REGION NAR-ANON FAMILY GROUPS

LEVITTOWN POST OFFICE P.O. BOX 293 180 GARDINERS AVE.



LEVITTOWN, NY 11756 **ZOOM MEETING LIST – Long Island**

Updated: October 2021

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<u>Step Into Serenity – (Old Bethpage)</u> Time: 7:30-08:45 pm EST

Join Zoom Meeting: https://zoom.us/j/105898670

Password: 927600

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Time: 7:30 – 9:00 pm ESTMeeting ID: 2815662900

Password: Bellport

Naranon Rocky Mountain (CO)

Time: 9 pm EST

Zoom Meeting ID: https://zoom.us/j/395160780

Meeting ID: 395160780
Password: serenity

TUESDAY'S

The Suffolk Connection – (Smithtown)

Time: 7:30 pm EST

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Meeting ID: 832 2915 4033
Password: 0011789

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Time: 7:30 - 8:30 pm EST

https://zoom.us/j/537533168?pwd=MURmdHM0ZjlzWkc3R

FFPODI4YzcyQT09

Naranon Rocky Mountain (CO)

Time: 9 pm EST

Zoom Meeting ID: https://zoom.us/j/395160780

Meeting ID: 395160780
Password: serenity
Tuesday Topic SESH

WEDNESDAY'S

Naranon Rocky Mountain (CO)

Time: 9 pm EST

Zoom Meeting ID: https://zoom.us/j/395160780

Meeting ID: 395160780 Password: serenity

Wednesday's Topic: Traditions

THURSDAY'S

Naranon Rocky Mountain (CO)

Time: 9 pm EST

Zoom Meeting ID: https://zoom.us/j/395160780

Meeting ID: 395160780
Password: serenity
Thursday Topic: Step Meeting

FRIDAY'S

Naranon Rocky Mountain (CO)

Time: 9 pm EST

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Meeting ID: 395160780 Password: serenity

SATURDAY'S

Courage to Changer (North Merrick)

Time: 9:30 am EST

https://zoom.us/j/950933574

Meeting ID: 950933574 Password: 317710

Naranon Rocky Mountain (CO)

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Meeting ID: 838 6458 592 Password: 423436

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Time: 9 pm EST

Zoom Meeting ID: https://zoom.us/j/395160780

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Date:10/02/2021

SATURDAY'S

Naranon Rocky Mountain (CO)

Time: 9 pm EST

Zoom Meeting ID: https://zoom.us/j/395160780

Meeting ID: 395160780
Password: serenity
Saturday's Topic: Speakers

SUNDAY'S

Look to This Day (Meriden, CT)

Time: 9:30 am EST

Zoom Meeting ID: 621 852 505 Password: 070139

Naranon Rocky Mountain (CO) Time: 9 pm EST

Zoom Meeting ID: https://zoom.us/j/395160780

Meeting ID: 395160780
Password: serenity

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NEW YORK REGION NAR-ANON FAMILY GROUPS

LEVITTOWN POST OFFICE P.O. BOX 293 180 GARDINERS AVE. LEVITTOWN, NY 11756



ZOOM MEETING LIST – CT, MA, ME, NH, PA (includes Colorado)

Updated: October 2021

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Trust & Hope (Methuen, MA)

Time: 6:30 pm EST

Zoom Meeting ID: 766 7090 6089

Password: Gm2M4f

Contact for Info: mdrgofish@comcast.net.

Serenity Thru Recovery (Jenkintown, PA)

Time: 7:30 pm EST

Zoom Meeting ID: 880 498 211

No Password:

Nar-Anon Rocky Mountain (Colorado)

Time: 9:00 pm EST

Zoom Meeting ID: https://zoom.us/j/395160780

Zoom Meeting ID: 395 160 780

Password: serenity

TUESDAY'S

East Haven Nar-Anon Meeting (East Haven, CT)

Time: 7:00 pm EST

Zoom Meeting ID: 542 755 659

Danbury Nar-Anon Meeting (Danbury, CT)

Time: 7:00 pm EST

Zoom Meeting ID: 956 715 1591

Password: Danbury

Shoreline Road to Recover (Niantic, CT)

Time: 7:00 pm EST

Zoom Meeting ID: 847 2593 1720

Password: 722578

TUESDAY'S

Naranon Rocky Mountain (Colorade)

Time: 9 pm EDT

Zoom Meeting ID: https://zoom.us/j/395160780

Meeting ID: 395160780
Password: serenity
Tuesday Topic SESH

WEDNESDAY'S

Catch the Wave (Old Orchard Beach, ME)

Time: 6:00 pm EST

Zoom Meeting ID: 824 7265 2066

Password: thewave

Nar-Anon Family Group Journey to Recovery

(Nashua, NH)

Time: 7:00 pm EST

Zoom Meeting ID: 941 3633 1642

Password: 8eXf00

Nar-Anon Rocky Mountain (Colorade)

Time: 9:00 pm EST

Zoom Meeting ID: https://zoom.us/j/395160780

Meeting ID: 395160780
Password: serenity

Wednesday's Topic: Traditions

THURSDAY'S

Let's Get Honest (Springfield, CT)

Time: 6:45 pm EST

Conference Call Dail In: 978-990-5000

Password: 184634

Lets it BeginWith Me (Waterford, CT)

Time: 7:00 pm EST

Zoom Meeting ID: 893 6804 7045 Password: 548454

Feel the Freedom (Bristol, CT)

Time: 7:00 pm EST

Zoom Meeting ID: 842 3692 8999

Password: 821329

Naranon Rocky Mountain (CO)

Time: 9 pm EST

Zoom Meeting ID: https://zoom.us/j/395160780

Zoom Meeting ID: 395160780

Password: serenity

Thursday Topic: Step Meeting

FRIDAY'S

I Am Not Alone (West Hartford, CT)

Time: 7:00 pm EST

Zoom Meeting ID: 970 800 592

No Password:

Naranon Rocky Mountain (CO)

Time: 9 pm EST

Zoom Meeting ID: https://zoom.us/j/395160780

Zoom Meeting ID: 395160780 Password: serenity

SATURDAY

Journey to Recovery - (East Haven, CT)

Time: 10 – 11:30 am EST

Zoom Meeting ID:

https://us02web.zoom.us/j/8189350076?pwd=YjJwaXRLNE

NxL1BSUUhzM3VGeWxKQT09

Zoom Meeting ID: 818 935 0076

Password: 216224

Dail in: +1 929 205 6099 Meeting ID: 818 935 0076

Password: 216224

Date: 10/02/2021

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NEW YORK REGION NAR-ANON FAMILY GROUPS

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MD, VA



LEVITTOWN, NY 11756

ZOOM MEETING LIST - Mid-Atlantic

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Progress Not Perfection (Daleville, VA)

Time: 6:30 pm EST

Zoom Meeting ID:

https://zoom.us/j/8635064454?pwd=WmFpaXNVUkFORIdF N050emtTMHFJdz09

Meeting ID: 8635064454

Newcomer Group (VA)

Time: 6:30 pm EST

Meeting ID: 934985342
No Password:

Miracles Happen (Reisterstown, MD)

Time: 7:30 pm EST

Zoom Meeting ID:

https://us02web.zoom.us/j/85374905129

meeting ID: 853 7490 5129

Zooming Nar-Anon Style (VA)

Time: 7:30 pm EST

Meeting ID: 934985342

No Password:

TUESDAY'S

New Hope Church, (Catonsville, MD)

Time: 6:30 pm EST

Meeting ID: 9903571019 Password: Tuesday630

Just For Today (Baltimore, MD)

Time: 7:00 pm EST

Meeting ID: 466 577 9028 Password: 643424

WEDNESDAY'S

Beginning A Journey (Linthicum, MD)

Time: 6:30 pm EST

Zoom Meeting ID:

https://us02web.zoom.us/j/86730322554?pwd=QVRpSzNS

RXFVN21xTUZCZ1VJeEtrQT09

Meeting ID: 86730322554

Password: 742242

Zooming Nar-Anon Style (VA)

Time: 7:00 pm EST

Meeting ID: 934985342

No Password:

A New Beginning (Gathersbury, MD)

Time: 7:00 pm EST

Meeting ID: 620 399 829

No Password

Just for Today (Winchester, VA)

Time: 7:30 pm EST

Meeting ID: 814 7809 8747

Password: 990037

THURSDAY'S

Seeking Serenity (Washington DC)

Time: 6:30 pm EST

Zoom Meeting ID:

https://us02web.zoom.us/j/86212252310?-

pwd=Rm1NVzBsRzFZWW1iWDdzTHZNU0pZZz09

Meeting ID: 862 1225 2310

Password: 191113

FRIDAY'S

Zooming Nar-Anon Style (VA)

Time: 7:00 pm EST

Meeting ID: 934985342 No Password:

SATURDAY'S

Serenity on Saturday (Capital Area)

Time: 10:30 am EST

Zoom Meeting ID:

https://us02web.zoom.us/j/83717269900?pwd=YUNQRkYy

VE55eHNJamJTOXp3R2d3QT09

Meeting ID: 837 1726 9900

Password: 211165

Nar-Anon Family Group (Fredricksburg, VA)

Time: 11:00 am EST

Zoom Meeting ID:

https://us02web.zoom.us/j/85866099748?pwd=TEIvM0tFR

WI1SmUwRExOeXAraGtDUT09

Meeting ID: 859 6609 9748

Password: 806224

10/02/2021

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ZOOM MEETING LIST – Mid-West IL, IN, KS, MO, WI

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Kansas City (MO)

Time: 6:00 PM CST

Zoom Meeting ID: 878 6900 4163 Password: 309412

West Side NFG (Madison, WI)

Time: 6:30 PM CST

Zoom Meeting ID: 304 572 856 Password: 064391

Touched by Addiction (Leawood, KS)

Time: 7:00 pm CST

Zoom Meeting ID: 997 4871 4391 Password: 383357

(Waukesha, WI)

Time: 7:30 pm CST

Zoom Meeting ID: 872 5838 6014 Password: 021099

TUESDAY'S

Never Alone NFG (Madison, WI)

Time: 6:30 pm CST

Zoom Meeting ID: 304 572 856 Password: 064391

Tuesday Together (Elmhurst, IL)

Time: 7:00 pm CST

Zoom Meeting ID: 863 9283 7825 Password: 319527

(Topeka, KS)

Time: 7:00 pm CST

Zoom Meeting ID: 878 6045 8363 Password: serenity

TUESDAY'S

Metro Area (Indianapolis IN)

Time: 7:30 pm CST

Zoom Meeting ID: 960 4635 1275 Password: 092190

WEDNESDAY'S

New Choices NFG (Maryland Heights, MO)

Time: 7:30 pm CST

Zoom Meeting ID: 229 660 127 Password: 987951

THURSDAY'S

Platte Woods

Time: 12 PM CST

Zoom ID: 874 5398 8788 PW: 476119

Never Alone (Wisconsin Area)

Time: 6:30 pm CST

Zoom Meeting ID: 874 5398 8788 Password: 870063

Evanston NFG (Evanston, IL)

Time: 7:00 pm CST

Zoom Meeting ID: 929 9993 0458 Password: 187648

SATURDAY'S

You Are Not Along (Chicago, IL)

Time: 3:00 pm CST

Zoom Meeting ID: 373 761 392 Password: 614525

SUNDAY'S

Serenity Seekers NFG (La Crosse, WI)

Time: 12:30 pm CST

Zoom Meeting ID: 893 8025 9384 Password: 753534

Serenity Seekers II NFG (Munster, IN)

Time: 7:00 pm CST

Zoom Meeting ID: 546 387 6141 Password: 229432

Date: 10/02/2021

SATURDAY'S

Simi Valley Nar-Anon Family Group (Simi Valley, CA)

Time: 7:30 pm

Meeting ID: 884 0262 1415 Password: 832671

Torrance, CA

Time: 11:00 am PST

Meeting ID: 108 991 827 Password: 154701

Circle of Hope Group (Monterey, CA)

Time: 9:00 am PST

Zoom Meeting ID:

https://us02web.zoom.us/j/85486780329?pwd=TkRDT2FL

M0hxdnhxRzF1QVJIWVq0dz09

Meeting ID: 854 8678 0329 Password: Hope

SUNDAY'S

Saving OurSelves (Santa Cruz, CA)

Time: 6:30 pm PST

Zoom Meeting ID:

https://us02web.zoom.us/j/7459777458

Meeting ID: 745 977 7458

Date:10/02/2021

HELPFUL TIPS:

- 1. Put your phone on silent so it does not cause any disruptions.
- 2. Mute your mic unless we are all reading out loud together or if you are speaking. If you do not mute yourself, every sound in your home gets picked up and this could cause a distraction.

 Depending on what viewing mode you are using, the main screen focuses on the person speaking. So if you are not muted but noise is coming from your end, the screen will show you, as opposed to the person who is sharing
- 3. As with a regular meeting there is one Chairperson who will open up. Depending on the size of the meeting there may be a timekeeper to make sure that everyone gets a fair opportunity to share.
- 4. If you have your video on, you can raise your hand to signal you would like to share. You can also message the Chairperson directly on zoom (Zoom has a chat feature). If you are using Audio Only you can just introduce yourself and share when its silent.
- 5. Regarding the format it will be very similar if not exact to the regular in person meeting. Since hosting meetings online is still a new thing for us, we can work together and discuss what format to use moving forward.
- **6.** Not a rule, but just a helpful tip: If you are using Zoom on a computer, when muted, you can hold the space bar down and it will temporarily unmute you as long as it's being held.

NEW YORK REGION NAR-ANON FAMILY GROUPS

LEVITTOWN POST OFFICE P.O. BOX 293 180 GARDINERS AVE. LEVITTOWN, NY 11756



ZOOM MEETING LIST - California

Updated: October 2021

The Nar-Anon Family Group is primarily for you who know or have known a feeling of desperation concerning the addiction problem of someone very near to you. We have traveled that unhappy road too, and have found the answer with serenity and peace of mind. When you come into the family group, you are no longer alone, but among true friends who understand your problem as few others could.

Nar-Anon World Service Organization

www.nar-anon.org

1 (800) 477-6291

New York Region

www.nvnaranon.ora

Nar-Anon Suffolk/Nassau Area

www.naranonsuffolknassauli.org

Please view our website for any update to this list.

Any Question about this list Email

snnfgweb@gmail.com

Anyone whose personal life has been affected by close contact with an addict, or anyone wanting to learn how the disease of addiction affects the family. Other meetings are for Nar-Anon members only and are consider closed.

Note: You need only be affected by close contact with an addict to be considered a member.

Monday Nite Miracles Group (Seaside, CA)

Time: 6:30pm PST

Zoom Meeting ID: https://zoom.us/j/7459777458

Meeting ID: 7459777458

A Better Way to Lived (Temecula, CA)

Time: 7:00 pm PST

Meeting ID: 872 4812 9359 Password: Temecula

(Claremont, CA)

Time: 6:30 pm PST

Meeting ID: 812 247 4278
Password: 379103

TUESDAY'S

Candle Light Group (Atascadero, CA)

Time: 6:00 pm PST

https://usweb.zoom.us/j/9622810477?pwd=OnF0UzROc1o

xbEpwSX1DeGxVajZaOT09

Meeting ID: 962 281 0477
Password: 013671

In the Solution Group (Monterey, CA)

Time: 6:30 pm PST

https://zoom.us/j/93264701592?pwd=ZXF6cUR4VUV3ZU0x

cCtJT1JrbFU3Ut09

Meeting ID: 932 6470 1592 Password: 049795

Hope Starts Here (Barstow, CA)

Time: 6:00 pm PST

Meeting ID: 872 394 94195 Password: hope

Hope and Healing (Moreno Valley, CA)

Time: 6:15 pm PST

Meeting ID: 372 542 9225 Password: Hope

TUESDAY'S

(Santa Clarita, CA)

Time: 7:00 pm PST

Meeting ID: 843 5317 3785 Password: 474788

WEDNESDAY'S

Guide to Serenity Group (Gilroy, CA)

Time: 7:30 pm PST

https://callistomedia.zoom.us/j/95504611094?pwd=Z1n6Y

1BwRGhYUH1HSWdWTTRCbEhxZz09

Meeting ID: 955 0461 1094 Password: 202020

Chatsworth, CA

Time: 7:30 pm PST

Meeting ID: 863 3631 4407 Password: 071117

San Bernardino, CA

Time: 6:30 pm PST

Meeting ID: 792 4548 8209
Password: 6NtQYP

Hope for Today (Lancaster, CA)

Time: 7:00 pm PST

Meeting ID: 470 050 2383 Password: antelope

THURSDAY'S

Winds of Changed Group (Hollister, CA)

Time: 7:00 pm PST

Zoom Meeting ID: https://us02web.zoom.us/j/7459777458

Meeting ID: 745 977 7458

Vision of Hope Group (Los Gatos, CA)

Time: 7:30 pm PST
Zoom Meeting ID:

https://us02web.zoom.us/j/86499034930?pwd=MEdLU1Rq

<u>SjVpaU1BR1Y2OGF6eTdQUT09</u>

Meeting ID: 864 9903 4930 Password: 4242

THURSDAY'S

Torrance, CA

Time: 7:30 pm PST

Meeting ID: 866 519 066 Password: 090098

Ontario Marble Meeting (Ontario, CA)

Time: 9:00 am PST

Meeting ID: 854 7733 8491 Password: Marble

Thousand Oaks, CA

Time: 7:30 pm PST

Meeting ID: 845 5457 9624 Password: 820108

FRIDAY'S

I Can be Free Group (Santa Barbara, CA)

Time: 6:00 pm PST

Zoom Meeting ID:

https://ucsc.zoom.us/j/203487999?pwd=bFN10ENxSWl6c

<u>W9vdFEzTmFEcFcyZz09</u> Meeting ID: 745 977 7458

Sharing, Experience, Strenth and Hope (Scott Valley, CA)

Time: 6:30 pm PST

https://ucsc.zoom.us/j/203487999?pwd=bFN10ENxSWl6c

W9vdFEzTmFEcFcyZz09

Zoom Meeting ID: 203 487 999

Password: sesh

Lakewood., CA

Time: 7:00 pm PST

Meeting ID: 936 9808 6516