

Western NY: ERIE, CHAUTAUQUA, NIAGARA		
MONDAY 6:30 PM Face to Face	PEACE OF MIND Lord of Life Lutheran Church Only meet the 1st Monday of every month	1025 Borden Road DEPEW (Erie County)
MONDAY Every Other 6:30 PM Face to Face	CLARITY WAY St. Mary's School - E. AMHERST	6919 Transit Road (SWORMVILLE) (Erie County)
TUESDAY 7:00 pm	HOPE FOR LIFE Immanuel Lutheran Church Person Reports - Nobody There	556 E. Second Street JAMESTOWN (Chautauqua County)
WEDNESDAY 7:00 pm Hybrid Face to Face	HOPE BEGINS St. John's Grace Episcopal Church contact 866 378 3510 virtual info.	51 Colonial Circle (Corner of Lafayette & Bidwell Pkwy) BUFFALO (Erie County)
THURSDAY 7:00 pm	HEARTSEASE Fig Tree Fellowship - Suite G-4 2nd & 4th Thursday of the Month	21 Main Street LOCKPORT NY 14094 (Niagara County)
THURSDAY 7:00 pm	COURAGE FOR CHANGE Free Methodist Church	327 Pine Street South Dayton (Cattaraugus County)

Finger Lakes: GENESEE, MONROE, YATES, ONTARIO		
MONDAY 6:00 - 7:00 pm Face to Face	LISTEN, LOVE AND LEARN United Church of Christ	1400 Lehigh Station Rd HENRIETTA (Monroe County)
MONDAY 6:30 - 7:45 pm	PEACE SEEKERS Northgate Free Methodist Church South	350 Bank Street Community Room -LL BATAVIA (Genesee County)
MONDAY [V] 7:00 - 8:00 pm Virtual - Only	YOU'RE WORTH IT Meeting ID: 820 6303 8677 Passcode: 363636	
MONDAY 6:00 - 7:00 PM	Serenity in the Finger Lakes FLACRA Connection Round Recovery	64 West Ave. Canandaigua NY 14424
TUESDAY 6:30 pm Face to Face June 18	IF NOTHING CHANGES Spencerport Wesleyan Church	2653 Nichols Street SPENCERPORT (Monroe County)
TUESDAY 6:30 - 7:30 PM	WHEN IN DOUBT, DO NOTHING Northridge Church (Use E. Ridge Road Entrance)	2052 St. Paul Street ROCHESTER (Monroe County)
TUESDAY 7:00 PM Face to Face	HOPE BEGINS HERE Dansville Free Methodist Church	25 Franklin Street Dansville, NY 14437
WEDNESDAY 5:30 PM Face to Face	RAY OF HOPE Webster Presbyterian Church Meeting Room 9	550 Webster Rd. WEBSTER (Monroe County)
SATURDAY 8:30 AM HYBRID Face to Face	KEEP COMING BACK Greece Baptist Church	1230 Long Pond RD. Rochester, NY 14626

Southern Tier:		

Central NY: CAYUGA, ONONDAGA, MADISON, ONEIDA		
MONDAY 7:00 - 8:00 pm Hybrid Face to Face	SOUL SEARCHERS Robinson Memorial Church ID: 212 121 826 PW: 791903	126 S. Terry Road SYRACUSE (Onondaga County)
WEDNESDAY 7:00 pm Virtual	HOPEFUL HEARTS Holy Cross Church Zoom ID: 212 121 826 PW: 791903	4112 E. Genesee Street DEWITT (Onondaga County)

North Country: LEWIS, ESSEX, CLINTON, JEFFERSON		
SUNDAY 5:00 pm	OUR OWN RECOVERY Pitcairn Wesleyan Church	148 Country Road 23 HARRISVILLE (Lewis County)

Capital District: ALBANY, COLUMBIA, SARATOGA, GREENE, MONTGOMERY		
MONDAY 6:30 pm	LIVING WITH HOPE Saint Ann's Church	37 Division Street AMSTERDAM (Montgomery County)
TUESDAY 7:00 pm	HEALING SPRINGS FAMILY GROUP United Methodist Church	175 5 th Avenue SARATOGA SPRINGS (Saratoga County)
TUESDAY 7:00 - 8:00 pm	NEVER ALONE Capital Church	31 Vly Road COLONIE (Albany County)
WEDNESDAY 7:00pm	STEPS TO HOPE The Moreau Community Center	144 Main Street SOUTH GLENS FALLS (Saratoga County)
THURSDAY 7:00 pm	JOURNEY OF HOPE Saint Luke's on the Hill	40 McBride Road MECHANICVILLE (Saratoga County)
SATURDAY 10:00 am	STEP TO HOPE Grove Community Church	59 Pine Road SARATOGA SPRINGS (Saratoga County)

NEW YORK REGION
NAR-ANON FAMILY GROUPS
LEVITTOWN POST OFFICE
P.O. BOX 293
180 GARDINERS AVE.
LEVITTOWN, NY 11756



NY REGION MEETING LIST- OCTOBER 2024

The Nar-Anon Family Group is primarily for you who know or have known a feeling of desperation concerning the addiction problem of someone very near to you. We have traveled that unhappy road too, and have found the answer with serenity and peace of mind. When you come into the family group, you are no longer alone, but among true friends who understand your problem as few others could.

Nar-Anon World Service Organization
www.nar-anon.org
 1 (800) 477- 9815

New York Region
www.nynaranon.org

Meeting Information HOTLINE
 1 (888) 333-9815

Nar-Anon Suffolk/Nassau Area
www.naranonsuffolknassauli.org

Please view Suffolk/Nassau for any updates to this list.

Any Question about this List Email – nynfgmeetinglist@gmail.com

Key to abbreviations:

- B Beginners
- O Open
- C Closed
- NT Narateen Meeting
- T Topic
- Sp Speaker
- S / Tr Step / Tradition

Open and Beginners meetings are especially for newcomers to Nar-Anon, anyone whose personal life has been affected by close contact with an addict, or anyone wanting to learn how the disease of addiction affects the family. Other meetings are for Nar-Anon members only and are considered closed.

Note: You need only be affected by close contact with an addict to be considered a member.

Narateen Meetings are designed for teen Nar-Anon members.

Nar-Anon members to call between meetings

NAME PHONE NUMBER

KEEP COMING BACK!

