



# Nar-Anon



## Weekly Step Study (Check group website)

### Nar-Anon 36 Starting with Step 1

Beginning Sunday 17 November 2024

<u>Sundays (timeanddate)</u>		
Los Angeles	PST	Noon
New York	EST	3:00 pm
London	GMT	8:00 pm
Rotterdam	CET	9:00 pm
Johannesburg	SAST	10:00 pm
Moscow	MSK	10:00 pm
Istanbul	EEST	11:00 pm
Auckland	NZDT	9:00 am

